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WHAT IS CLAIMED IS:

- 1. A method of inhibiting inflammation in a host, the method comprising: contacting said host with an effective dose of an inhibitor of integrin linked kinase.
- 5 2. The method according to Claim 1, wherein said inhibitor is an anti-sense oligonucleotide that hybridizes with the nucleic acid sequence set forth in SEQ ID NO:1.
 - 3. The method according to Claim 1, wherein said inhibitor comprises an ILK specific antibody.
 - 4. The method according to Claim 1, wherein said inhibitor comprises a small organic molecule.
 - 5. The method according to Claim 4, wherein said molecule blocks ILK catalytic activity.
 - 6. The method according to Claim 1, wherein said inhibitor decreases the available level of [PtdIns (3,4,5) P₃] in a cell.
 - 7. The method according to Claim 6, wherein said inhibitor is wortmannin.
 - 8. The method according to Claim 6, wherein said inhibitor is LY294002.
 - 9. The method of Claim 1, wherein cellular migration is inhibited.
 - 10. A method of preventing inflammation in a host, the method comprising: contacting said host with an effective dose of an inhibitor of integrin linked kinase.
- 11. The method according to Claim 10, wherein said inhibitor is an anti-sense oligonucleotide that hybridizes with the nucleic acid sequence set forth in SEQ ID NO:1.
 - 12. The method according to Claim 10, wherein said inhibitor comprises an ILK specific antibody.

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- 13. The method according to Claim 10, wherein said inhibitor comprises a small organic molecule.
- 14. The method according to Claim 13, wherein said molecule blocks ILK catalytic5 activity.
 - 15. The method according to Claim 10, wherein said inhibitor decreases the available level of [PtdIns (3,4,5) P₃] in a cell.
 - 16. The method according to Claim 15, wherein said inhibitor is wortmannin.
 - 17. The method according to Claim 15, wherein said inhibitor is LY294002.
 - 18. The method of Claim 10, wherein cellular migration is inhibited.